

# Family Communication Plan

Develop a plan for how your family will stay in touch during a disaster.

## Choose two places to meet up:

Right outside your home in case of a sudden emergency, such as a fire

Outside your neighborhood, in case you cannot return home or are asked to evacuate

School- phone number, **emergency pick-up plan**

Workplace- phone number

## Plan what to do in case you are separated during an emergency

Your plan should account for family members who may live elsewhere during the year, such as members of the military on deployment or students away at college, or those who travel frequently.

How will you need to adapt your plan if they are at home?

What will you need to do differently if they are away?

## Choose an out-of-area emergency contact person.

Program In Case of Emergency (ICE) numbers into all family cell phones. Make sure places where your children spend time also have these contact numbers, like at school or daycare.

## Medical Needs

A list of medications and correct dosage, and doctor's names

30-day med supply

## Power

Have flashlights and lighting ready in an easily accessible place and check batteries in flashlights and radios. Develop a power bank charging station to recharge phones, lights and electronics.

**Create a power outage plan** – decide what you can do before, during and after a power outage to minimize the effect on your household.

If you have an automatic garage door, learn how to use the manual release and open your garage door manually.

Do not open refrigerators or freezers any more than necessary. An unopened refrigerator will keep food cold for approximately 4 hours; an unopened freezer will keep food frozen for approximately 24 hours.

**Stash some cash** in case ATMs and credit card machines are not usable in a disaster.

## Maintaining Your Kit

Devices and power stations charged regularly

Meds rotated

Neighborhood info updated yearly