

At least 5 issues per year - The Official Newsletter of the Rose City Park Neighborhood Association - Submissions Welcome

Digital-Only Issue

Out of concern for the health and safely of our delivery crew volunteers, this issue is being disseminated only digitally, via email, our website and Facebook page, and Nextdoor Are you on our email list?

> Sign up today to get our digital-only issues sent to you directly, as well as other announcements and notices from RCPNA!

YOU'RE INVITED—SPRING GENERAL MEMBERSHIP MEETING!



May 26, 7-9 pm (video access available at 6:45)

- Guest speakers: Deborah Kafoury, MultCo. Commission Chair
 - Officer Bob Boylan, Neighborhood Response Team
- Personal #StaySafeStayHome stories from RCP neighbors. See page 3 for more information; agenda is on page 12.

TUESDAY, MAY 19, IS THE DEADLINE FOR VOTING!

May 19, is Election Day and the deadline for ballots to be dropped off is 8:00 p.m. To locate your nearest drop box, visit https://multco.us/dropsites.

You can track your ballot at either Multnomah County's website (https://multco.us/trackyourballot) or the State's (https:// secure.sos.state.or.us/orestar/vr/showVoterSearch.do).

Both sites also provide downloadable "I've Voted" stickers)!

In This Issue:

Page 2 - ◆ Chair's Corner

Page 3 - ◆ May General Meeting

Community Partners

Page 4 - ◆ Website updates

Page 5 - ◆ Land Use & Transportation

(Pg. 5) - ◆ Slow Streets | Safe Streets

Page 1 - ◆ General Meeting notice; 5/19 election Page 6 - ◆ Rose City Park Playground Project

Page 7 - ◆ Post-winter care for new trees

Page 8 - ◆ Upcoming Events/Schedule Changes

Page 9 - ◆ What's Happening with Rose Festival?

Page 10-11 - ◆ COVID-19 info and resources

Page 12-◆ General Meeting agenda, Calendar (



A NOTE FROM THE CHAIR

By TAMARA DERIDDER, RCPNA Chair



It seems like a year—but it has only been two months since the COVID-19 stay-home orders began and the world as we knew it changed overnight. The growing realization hit me like the startling

pause after hearing my little brother died. How can this be real?

Within the fears I hear gratitude anew. Within frustrations, I hear hope. In facing this pandemic, it has reaffirmed my reality check that our community is in this together. More than just individuals isolated in their homes. The network of support displayed for each other by our neighbors was immediate and heartening.

In our area, neighbors quickly established a text phone tree that we use to alert each other in order to combine grocery lists in order to make fewer trips to the store. I now gratefully accept alternatives to our shopping list items to develop new recipes.

My tears welled up the other day when my neighbor's toddler ran toward me—only to stop as I held up my hand, palm out, to make sure she stopped 6 feet away. "Gran-Tam, I have made another picture for you!" she sang together with her grand Frozen princess gestures. She sets it down on the retaining wall for me. Thanking her profusely, I now display them in my front windows so she knows how much I love them.

The Putnams' daughter, just down the street, graduates from Grant High School this summer and her picture is proudly displayed in a sign in their front lawn. No senior party or tossing of mortarboards for her and her classmates. Rumor has it we will likely hold another block happy-hour along our street in her honor in the coming month. Not the same. Not since the 1918 flu pandemic has the country (and the world) experienced something like this. Our American memories are short. I hope we remember to share stories with our young ones how face masks and social distancing saved the people of Oregon

during this pandemic. Along with a lot of brave front line workers(!)

With these changing realities we have amazing opportunities as well. Can we as humans collectively rethink the old-worn patterns of commuting to a workplace? Is it time for planners and builders to make sure there is adequate room for home office space in all living units? Should we be spending our transportation funds on making sure high-speed fiber optics reach all the communities in Portland? Wi-Fi hotspots in all of our city parks? Computer education and communication devices for all, to allow people of all languages, ethnicities, and income levels equal access to vital information, as well as jobs?

With commuter noise now replaced by the raucous cacophony of bird song and bold wildlife, I find gratitude in the breath of fresh air. Now is a space and time where we can grow our dreams and build a foundation for a better future.

Take good care of yourselves and those you love!



ABOUT RCPNA

Officers:

Tamara DeRidder, Chair Ed Gorman, Vice Chair Jennifer Santhouse, Secretary Richard Crockett, Treasurer

Website:

www.rcpna.org

RCP Review Staff:

Lynn Della, Editor
editor@rcpna.org
Jennifer Santhouse,
Advertising Coordinator
advertising@rcpna.org
Helene & Roger Farnam
Delivery Coordinators
delivery@rcpna.org

• Our Mission •

The Rose City Park Neighborhood Association works to maintain and improve the livability of the neighborhood.

Association Membership

RCPNA is open to all persons of voting age who reside, own property or operate a business, government agency or non-profit organization within the boundaries of the neighborhood (area shown in map at right). There are no dues or requirements imposed that would in any way prevent a person from becoming or remaining a member.



CNN is the coalition office for the Rose City Park Neighborhood Association and provides support and funding for this newsletter. For information about the wider Northeast Portland areas, check out www.cnncoalition.org.

MAY GENERAL MEETING

Virtual Meeting

The meeting will be held as scheduled but will be conducted remotely and live-streamed online. The participants will be on Zoom; to view the live stream or to access the recording afterward, search YouTube for "rcpna video." Questions for Ms. Kafoury may be submitted via You Tube chat.

2020-21 Board Election

The spring General Membership Meeting is when the RCPNA Board of Directors and officers are typically elected for the next year. In light of the ongoing prohibition against large gatherings and because there is currently no provision in our Bylaws for elections to be held other than in person, the Board has postponed the election until the October 27 General Meeting.

Guest Speakers:

Deborah Kafoury, Chair of the Multnomah County Commission, will be making a brief presentation. The topic(s) she will discuss had not been finalized as of press time. In addition, Officer Bob Boylan, Neighborhood Response Team, will provide an update.

Program

We're seeking RCP residents to share personal stories about how neighbors are helping neighbors through this difficult time. This could be about making daily calls to socialize, virtual games, finding ways to help with grocery deliveries, yard work, gardening, simply stepping outside to chat with others or leading a sidewalk exercise group! Please share your story—it might inspire others.

To share your story, please email us at *shareyourstory@rcpna.org by the end of the day on May 23*. Include your first and last name, contact phone number, and your story—just a brief statement about how you are (or someone else is) helping others or activities you (or others) are doing to help cope through this difficult time. Responses will be reviewed for length and content and you may be contacted for additional information. We look forward to hearing from you!



Restore your home to its original beauty



(503) 282-8032 www.mjbrestoration.com

<u>All</u> Phases of Interior & Exterior Restoration & Painting

MJB Painting Co.

Michael Burnett Licensed • Insured • Bonded ccb# 105395

RCPNA WEBSITE UPDATES

The RCPNA website continues to receive improvements!

- The number of category menus at the top of each page has been expanded to minimize the number of levels one must "drill down" to reach the desired topic or page.
- More items now appear on each page, making it easier to access the most current ones.
- The Helpful Hints section has been completely redefined. It now contains a link to the Multnomah County List of Resources, which will always be the most current version.
- The Documents Archive section now has its own link on the home page.
- There is now a link in the Our Neighborhood section for the Rose City Park History Book (and ordering information).

Let us know what you think!

Past issues of the Rose City Park Review are available online at http://www.rcpna.org/past-issues. A collection of RCPNA-related public documents is also online at http://www.rcpna.org/ documentarchives/rcpnapublic documents.

Get Recognized!

Become an RCPNA Advertiser

Are you looking to get more out of your marketing budget? RCPNA's regular (hard-copy) issues of the Review are published 4 times a year and are handdelivered to more than 4,000 neighborhood homes and businesses (which will resume once it is safe for our delivery teams). Ads can be purchased on for single issues or for the entire year. Paid advertising enables RCPNA to publish the newsletter, provide grants to local organizations, and sponsor events such as the summer concerts and neighborhood

To place an ad or for more information, email advertising@rcpna.org.

Ad Rates:

Business Card Size (horizontal) = \$40/issue/\$150/yr Double Size (vertical) = \$80/issue/\$300/yr

OUR COMMUNITY PARTNERS

GOLD



SILVER







Albina Head Start/ Early Head Start













Tamara DeRidder

RCPNA Community Partners are organizations and businesses wanting to make a positive impact in their neighborhood through ongoing support.

Their contributions help fund RCPNA events such as the summer concerts, and make this publication possible, as well as providing space for our annual clean-up event and places to hold our meetings.

Partnerships are available at Bronze, Silver and Gold levels, which provide the donors with increasing benefits commensurate with their level of contribution.

For more information, visit https://www.rcpna.org/ community-partner-program/ or email communitypartners@rcpna.org.

LAND USE AND TRANSPORTATION COMMITTEE

The LU&T Committee meets regularly on the third Thursday of every month from 7-9 pm (virtually on Zoom until in-person meetings will again be at Head Start at Owen Blank School, 909 NE 52nd Avenue). The next scheduled meetings are May 21, June 18, July 16, August 20 and September 17; as noted elsewhere in this issue, until further notice, all RCPNA meetings will be conducted remotely. Agendas and updates will be posted on our website (https://www.RCPNA.org) and Facebook page (https://www.facebook.com/rcpna), and on Nextdoor.

TRACKING NEIGHBORHOOD LU&T PROJECTS. Except as listed below, we have no new information regarding the projects we have been tracking.

Residential Infill Project (RIP)

The City Council has rescheduled its reopening of public testimony on RIP for June 3. Written testimony must be received by the time of the hearing and must include your name and address, which can be submitted through the Map App (https://www.portlandmaps.com/bps/mapapp/maps.html#mapTheme=rip, via email to mailto:cctestimony@portlandoregon.gov, by mail to City Council, Residential Infill Project Testimony, 1221 SW 4th Ave. Room 130, Portland, OR 97204, or live via Zoom by preregistration on the project website (https://beta.portland.gov/bps/rip/news/2020/4/29/residential-infill-project-public-hearing-back-track).

1435-1455 NE 62nd

Zoned CM1*; owned by Barley Pod LLC. Permit records updated 4/20/20; work continues.

5024 NE Fremont

Zoned CM1*; owned by Fremont Street Project LLC. Permit records updated 4/24/20; work continues.

60th Avenue MAX Station Area Improvements - NE Halsey St (47th-60th); NE 60th Ave (Halsey-Glisan)

Due to the COVID-19 interruption, construction is now scheduled to start in Spring 2021 instead of Fall 2020 (subject to further changes as necessary).

Our Lady of LaVang Parish - 5404 NE Alameda St

No new information.

Sandy 51 Apartments (2351 NE 51st Ave)

Zoned CM3*; owned by Sandy 51 Apartments LLC. Electrical, mechanical and plumbing are at inspection stage. Permit records updated 5/11/20; progress continues.

Thompson 6 – Townhouses (4950-4968 NE Thompson)

Zoned RM2*; owned by Thompson Six LLC. No new information.

Umpqua Bank Apartments - 4728 NE Sandy Blvd.

Zoned CM3*; owned by Koz on NE Sandy Blvd. LLC. Mechanical check has been completed. Permit records updated 5/8/20; work continues.

*For more info regarding zoning, visit https://portlandmaps.com/bps/zoning/#/map/.

@

Slow Streets | Safe Streets Neighborhood Greenway

Beginning May 7, PBOT started installing temporary barricades to either close certain streets to all but local traffic or to slow traffic where full closure is not feasible. Signage will also be installed to alert drivers to the presence and priority of people walking and biking on the greenways. The first streets to be addressed are where greenways intersect with busy streets and have historic high traffic volumes. "Greenways" are slow, calm residential streets where priority can be given to pedestrians and cyclists. They can be driven on by people who live, work and need access to homes and businesses. This map excerpt shows the streets in the Rose City Park neighborhood that will be slowed. For the full view, visit the City's map viewer (https://www.arcgis.com/apps/webappviewer/index.html?id=08e3f719c5ec4be195f17c38cff8fce3).

For more zoning info, visit the City's map page (https://beta.portland.gov/eudaly/news/2020/5/1/slow-streets-safe-streets-neighborhood-greenway-map). Comments? Call (503) 823-SAFE or email active.transportation@portland.gov.



ROSE CITY PARK PLAYGROUND PROJECT (RCPPP)



2nd annual Play Day cancelled; Donations continue to increase

By Joe Saraceno, Co-Chair

Play Day Cancelled

After careful consideration regarding the health and safety of everyone in our community, and in light of the Governor's executive order restrictions relating to gatherings, the RCP Playground Committee made the difficult decision to cancel (rather than to postpone) the 2020 Play Day. Following increased and overwhelming concerns about the COVID-19 virus, cancelling seemed like the best way to proceed during such an unprecedented global situation.

The committee is very disappointed that it is unable to host the event this year, and is still working to achieve its goal of installing a new playground in the park but will not host any events until it can be certain of the health and safety of our neighbors.

Donations Continue

The Project continues to receive donations and has received another significant donation related to its "100 families for \$100K" campaign.

In April, The Gifford family donated \$1,000 in support of the effort to revitalize the playground at RCP. Geoff, Laura and Meredith "are pleased to support the Rose City Playground Project. The park is available for all to use, and having a safe modern structure is important. Rose City Park is a strong vibrant community that we want to contribute to." Thanks, Gifford family! Your contribution goes a long way to helping us reach out goal of 100 families for \$100K!



If you have any questions or concerns, or if you would like to donate or volunteer, please email rosecityparkplaygroundproject@gmail.com.



www.rcpna.org



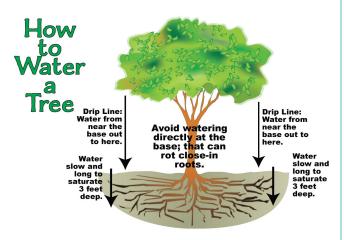
Post-winter care for new trees

BY: DAVID WHEELER

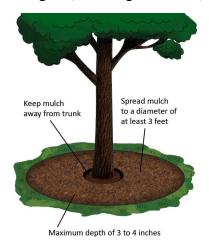
Friends of Trees Neighborhood Coordinator

Summer is quickly approaching and, despite COVID-19, the newly planted trees from Friends of Trees still need care. Hopefully, the trees have survived the winter, as now is when things tend to dry out. It is critical for the newly planted trees to have a balance of enough water as well as enough air. Yes, just like us, trees need water and air. The root system needs both.

I have learned that, instead of simply watering on some sort of schedule, I prefer to take a few minutes and actually check the soil around the tree. I dig my finger down into the soil and actually feel the moisture in the root system. If it feels damp about 6"-8" in the ground, it probably does not need water. Too much water can drown the plant. I prefer to allow the plant to dry out a bit between waterings, to allow the air in the soil to get to the roots. Once you recognize that the soil is drying out, then slowly water the plant. It is difficult to generalize how much water a particular tree (or even kind of tree). If a tree is dry, I might slowly water with a five-



gallon bucket. Slow watering is much better than trying to dump a full bucket of water; a hose emitting a trickle of water is much better. Also, the watering can be more effective if it is done at the drip line (the outermost circumference of the tree's canopy). In addition, watering in the morning is much better than in the evening but, if timing is difficult, water when you are able.



Another caution relates to mulching around the base of your tree. It has been proven that creating a "volcano" mounding of mulch at the base of your tree is <u>not</u> recommended, as it can actually suffocate the tree. Mulching is definitely encouraged, but the mulch should be kept at least 3"-6" away from the trunk , approximately 3' wide and about 3" deep (the 3-3-3 rule).

The project people tend to dislike the most is weeding, but it's necessary: weeds can rob a tree of water and nutrients, so it is important to keep those weeds at bay. The best method for weed removal is hand pulling and disposing of the weeds in your yard waste pickup or compost bin.

Good luck with the maintenance of your new tree. We hope you're enjoying it!

UPCOMING EVENTS AND SCHEDULE CHANGES

RCPNA May General Meeting—VIRTUAL



Tuesday, May 26, 7:00-9:00 pm

See the article on page 3. Additional information will be available at https:// www.rcpna.org, on the RCPNA Facebook page (www.facebook.com/rcpna) and Nextdoor.

RCPNA & Hollywood Neighborhood Associations Clean-Up—CANCELLED



Saturday, May 30—

In compliance with the COVID-19 guidelines and the Governor's prohibitions against gatherings, all neighborhood association-sponsored clean-ups were cancelled. It may be possible to hold the Clean-Up sometime after Labor Day but that is currently unknown.

Rose Festival Junior Parade—POSTPONED



Wednesday, June 3—All Rose Festival events have at least been postponed. As of press time, the status of or plans for the Junior Parade were unknown. You can subscribe to the Festival's digital eNewsletter (http://www.rosefestival.org/about/newsletter-sign-up) for updates. We will keep you updated.

In the meantime, you might want to participate in one of the Festival's interim "parading in place" events.(see https://www.paradinginplace.com/).

Rose City Park Playground Project Play Day Event—CANCELLED



Saturday, June 6—The committee is still working to achieve its goal of installing a new playground in the park but will not host any events until it can be certain of the health and safety of our neighbors. If you have any questions or concerns, feel free to email rosecity-

parkplaygroundproject@gmail.com.

RCPNA/Hollywood Picnic-in-the-Park Concerts—POSTPONED



Saturday, July 18 & 25—In light of the Governor's cancellation of all large gatherings through September, the Board is considering several options for rescheduling the concerts. Updates will be posted on our website and Facebook page, and on Nextdoor.







LEARN SPANISH

- Small-groups All Levels For Adults
- Conversation and Cultural Immersion
- Daytime and Evening Schedule Options



www.tierracenter.com 5745 NE Glisan St. (503) 213-3677



Your Realtor in Rose City

If you would like to get an estimate of your home's value or just talk through your buying or selling options, I'd love to hear from you.

Jenny Moody

Broker, Meadows Group Inc., Realtors jen@pdxjennymoody.com (503) 961-3200

Web: jennymoody.meadowsgroup.com

Voted a Five-Star Realtor by Portland Monthly for ten years in a row thanks to my clients.



What's happening with Rose Festival?

As you may recall from our April issue, the powers that be at the Rose Festival association decided in March to postpone this year's festival from its original dates of May 22 through June 7. The leadership is maintaining a goal of having a 10-day community festival sometime later in the year, and has been having ongoing conversations with the City of Portland to identify dates later this year, and is optimistically planning for festival features that will encompass as many experiences as possible, within whatever restrictions exist at that time. (The Festival was cancelled in 1917 and '18 because of World War I and 1942–45 because of World War II but has not previously been postponed.)

The image above is of the Festival's new sign, which was installed in late April on the Rose Building in Waterfront Park, replacing the one installed there in 2009. The sign was updated to offer a positive message to the community during uncertain times. It is illuminated nightly and can be seen from both the Naito Parkway and the river sides.

Portland Rose Festival traditions are evolving to celebrate our community's spirit and resilience, and inspire hope during these challenging times. While current physical distancing makes it impossible to bring people to a parade, the Rose Festival decided to bring parades to the people instead.



The Festival has now introduced "Parading in Place" (#paradinginplace) with two stay-at-home parades that anyone can take part in. Online entries are now being accepted for the **Porch Parade** in May and the **Grand Petite Parade** in June. Information and entry forms are available at https://www.paradinginplace.com/.



The Porch Parade (https://www.paradinginplace.com/porch-parade)—Saturdays, May 23 and 30. Members of the community are asked to celebrate their Rose Festival spirit by choosing a theme, decorating porches and sharing joy to neighborhoods across the city. Festival staff will produce a online map of the registered porches and, on the two designated dates, a Rose Festival VIP Procession will visit Porch Parade neighborhoods. Anyone without a porch is encouraged to decorate windows, sidewalks or lawns, or identify their rose garden if it is visible from the street.



The Grand Petite Parade (https://www.paradinginplace.com/grand-petite-parade)—Saturday, June 6. This virtual parade will premiere on Facebook Live and will feature "shoe box" floats from community members, a celebration of marching bands, and other Rose Festival parade favorites. Just like the early Rose Festival parades that used Portlanders' own roses from home, participants are invited to use materials on hand to build shoe box parade floats and submit photos to be included in the live stream.



We hope this finds you and yours all well and safe. We also want to take a moment to acknowledge those who have passed away due to COVID-19. We're thinking of those individuals and their friends, family and loved ones.

We're not going to overload you with a bunch of graphs and statistics but, rather, to provide you with some of the most current information, general information, and links to resources you may find helpful.

Oregon has done a great job of following the Governor's #StayHomeSaveLives orders and, based on testing, our rate of infection has remained extremely low; as of May 10, it is at only 3.4%, compared to the national average 9.2%.

Busting myths about COVID-19

As we learn more about the virus that causes COVID-19, new information is coming at us fast. Unfortunately, so is misinformation. Here are just a few "mythbusters" about the disease:

Infection

- ♦ People of all ages, including children, can become infected.
- ♦ Viruses cannot be spread through 5G mobile networks, houseflies or mosquito bites.
- ♦ Being able to hold your breath for 10 seconds or more without coughing or feeling discomfort DOES NOT mean you are free from the COVID-19 (or any other lung disease).
- ◆ Thermal scanners are effective in detecting people who have developed a fever but they cannot detect people who are infected but are not yet feverish (and not everyone who has the virus has a fever).

Prevention and Cure

- ♦ Pneumonia and flu vaccines do NOT work against viruses (including COVID-19). Neither do antibiotics, which are effective only on bacteria.
- ♦ There are currently NO drugs licensed for the treatment of or prevention of COVID-19 (including hydroxychloroguine, the misuse of which can cause serious side effects and illness and even lead to death).
- ♦ Drinking alcohol does not protect you against COVID-19 and can be dangerous. Spraying alcohol or chlorine all over your body will not kill viruses that have already entered your body.
- ◆ Spraying or introducing bleach or other disinfectants into your body WILL NOT protect you against COVID-19 and can be dangerous, and drinking methanol, ethanol or bleach DOES NOT cure COVID-19 and can be extremely dangerous.
- ◆ Adding pepper to your food or eating garlic does not prevent or cure COVID-19. Exposing yourself to the sun or to temperatures higher than 25°C (77°F) DOES NOT prevent (COVID-19). Hand dryers are not effective in killing the 2019-nCoV. Ultra-violet (UV) lamps should not be used to disinfect hands or other areas of your skin (UV radiation can cause skin irritation and damage your eyes).
- ◆ Regularly rinsing your nose with saline will not help prevent infection. A hot bath will relax you but it won't prevent or help fight the coronavirus disease.
- ◆ (Although some businesses are now requiring them), wearing rubber gloves is less effective than handwashing, since COVID-19 contamination can be picked up from gloves.
- ◆ There are no confirmed cases of the virus being transmitted through food or food packaging.
- ♦ There is no evidence to confirm or disprove that the virus can be transmitted through money (as a safeguard, just wash or sanitize your hands after handling it); touchless payment methods may be more reassuring.
- ♦ If someone in your household is a suspected or confirmed COVID-19 patient, their laundry (clothing, towels, and bed linens) will need special attention. See the World Health Organization's advice at https://www.who.int/ emergencies/diseases/novel-coronavirus-2019/advice-for-public. Other laundry needs no special attention. If you do your laundry in a shared facility, spend as little time there as possible, maintain physical distancing, avoid touching your face, and wash your hands thoroughly with soap and water after touching any surfaces.

Reopening Oregon ...

First, Multnomah, Clackamas and Washington Counties have not yet filed with the state to reopen, so only minor changes will apply in the Portland area as of May 15. Child care facilities will be allowed to expand operations and some summer schools, camps and youth programs will be able to resume., with limitations and specific requirements. Other standalone retail businesses across the state, such as furniture stores, art galleries, jewelry shops and boutiques, will be allowed to open beginning May 15, if they follow specific guidelines.

Second, it's important to remember that health and hygiene advice that has been proven to slow the spread of the virus still applies, and that we are still subject to abiding by recommended practices and the Governor's orders.

- ♦ Wear an appropriate face covering in when in public. Multnomah County's guidance (https://multco.us/novel-coronavirus-covid-19/face-coverings-masks-and-covid-19-what-you-should-know).
- ♦ Wash your hands frequently with soap and running water (warm or cold) for at least 20 seconds, or use hand sanitizer (60-95% alcohol content). Wash your hands ...
 - after coughing or sneezing
 - when caring for the sick
 - before, during and after you prepare food
 - before and after eating
 - after using the toilet
 - when hands are visibly soiled
 - after handling animals or animal waste
- ◆ Practice physical distancing of at least 6 feet between you and people who aren't part of your household (about two standard shopping carts or the distance between two 6' people with their arms held out sideways).
- ♦ Greet others with a wave, a nod, or a bob. Bump elbows rather than shaking hands. Do not hug.

Keeping others safe

- ♦ Stay home if you are sick.
- ♦ Cough or sneeze into your elbow or armpit, or with a fresh tissue (and throw tissues into closed bins immediately after using).
- ◆ Avoid spitting in public.
- ♦ Use a new (or freshly cleaned) face mask or cloth, paper or disposable face coverings in public (remember that wearing masks is more for the protection of people around you than for you). Do not reuse single-use masks and dispose of used ones responsibly.

Keeping yourself safe

- ♦ Avoid touching your face, especially your mouth, nose and eyes.
- ♦ If you develop symptoms while in public, return home immediately and self-isolate. Contact your health care provider if you need medical attention, especially if you have difficulty breathing.
- ♦ People who are at risk for severe complications (over age 60 or have underlying medical conditions) should stay home even if feeling well.
- ♦ If possible, sanitize the handles of shopping carts or baskets, and wash your hands once returning home. Wash your hands with soap and water before wash fruits and vegetables, which you can do as you ordinarily would; there is no reason for any special treatment.

How to help others

- Sign up on Nextdoor (https://nextdoor.com/help_map/) or AARP (https://aarpcommunityconnections.org/) or via Multnomah County's web page (https://multco.us/novel-coronavirus-covid-19/donate-volunteer-slow-spread-covid-19),
- ♦ Give blood. The Red Cross has begun sanitizing and social distancing policies to ensure you're safe while making a lifesaving donation. *Schedule an appointment today* at https://www.redcrossblood.org/give.html/find-drive.

For more info, call 211 or visit:

- ♦ Portland: https://beta.portland.gov/novelcoronavirus-covid-19
- ♦ Multnomah County: https://multco.us/novelcoronavirus-covid-19
- ♦ Oregon: https://govstatus.egov.com/OR-OHA-COVID-19
- ◆ FAQs re unemployment: https://govstatus.egov.com/
 oRUnemployment_COVID19
 and/or https://govstatus.egov.com/ui-benefits/CARES
- ◆CDC: https://www.cdc.gov/coronavirus/2019-ncov/index.html







RCPNA General Membership Meeting

Tuesday, May 26, 2020 - 7:00 - 9:00 pm Virtual Public Meeting (opens at 6:45)

Conducted remotely, streamed online on YouTube (see page 3 for "how to attend" remotely)

PROGRAM

- 7:00 Welcome and preview of the proceedings—Tamara DeRidder, Chair
- 7:05 New Business and Public Comment
- 7:15 Officer Bob Boylen, Neighborhood Response Team Portland Police Update
- 7:25 Committee Reports:
 - 1. Budget—Richard Crocker, Treasurer
 - 2. Communications—Lynn Della, Committee Member
 - 3. RCP Playground Project—Joe Saraceno, Committee Chair
 - 4. Land Use & Transportation—Kelly Davis, Committee Co-Chair
 - 5. Environment—Michelle Neidiger, Committee Chair
 - 6. Events—Ed Gorman, Committee Chair
- 7:40 RCPNA Business—Board elections postponed to October General Meeting
- 7:45 Neighborhood COVID-19 Stories of Hope, Creativity and Strength
- 8:00 Guest Speaker, Multnomah County Chair Deborah Kafoury. Kafoury recently reported, "As the local public health authority, we're leading our region through this pandemic. And as the largest safety net provider, we're responding to an unrivaled demand for services. The budget implications of being both are unprecedented." (https://multco.us/multnomah-county/ news/amid-covid-19-response-and-undertainty-multhomah-county-chairdeborah-kafoury)
- 8:30 Neighborhood stories of joy and fun
- 9:00 Adjournment

All neighborhood meetings are, by City Neighborhood Standards, public meetings and are open to all. Check our website, Facebook page or Nextdoor for the latest information.

RCPNA CALENDAR

General, Board and LUTC meetings will be held via Zoom, and live-streamed (where viewers can ask questions) and recorded for later viewing on YouTube.

Search "rcpna video" on YouTube to access both the live streams and recordings.

Communications Committee meetings will be conducted via Zoom but will not be streamed or recorded.

May 21, 7-9 pm, Land Use & Transportation Committee May 26, 6-9 pm, GENERAL MEETING June 1, 7-8:30 pm, Communications Committee June 2, 7-9 pm, Board of Directors

12